# Draft Housing with Care system specification

#### 1. INTRODUCTION

#### 1.1 PURPOSE

The purpose of this document is to provide a detailed specification for a digital social care records system for use in CHS Group's Housing with Care schemes based at Moorlands Court, Richard Newcombe Court and Dunstan Court.

# **2. OVERALL REQUIREMENTS**

## 2.1 General Requirements

Database system to securely record residents' care information and allow sharing of up-to-date information with authorised staff and organisations.

- Receive care requirements from Cambridgeshire County Council, either as an initial request or as an amendment in agreed format (see appendix A)
- Hold care plan information (see appendix B) and allow access by authorised staff on either mobile devices or desktop computer. Allow staff to amend details as agreed.
- Hold risk assessments (see appendix C,E and F) and allow access by authorised staff on either mobile devices or desktop computer. Allow staff to amend details as agreed.
- Allow generation of daily care cards (see appendix G) a schedule of appointments to be followed by each member of care staff and filled in as appointments are completed. Care cards to be accessed on secure mobile devices.
- Hold electronic MAR charts, with details of medicines held, to be filled in as appointments are completed. MAR charts to be accessed on secure mobile devices. (See medicines cycle – Appendix I)
- Have a method of staff being able to log their arrival at a resident's flat and departure to show attendance times.
- Interface with pharmacy to allow medicines received to be entered at start of 4-weekly medicine cycle, and medications to be ordered at the end of the cycle. (See medicines cycle Appendix I)

- Hold power of attorney documents, where held, linked to the care plan
- Hold consent in line with GDPR requirements replacing authorisation documents (see appendix D) linked to care plan
- Hold restriction record /best interests where recorded
- Hold staff availability and allow for the creation of rotas, taking into consideration resident preferences. Allow rotas to be amended reactively

   for example when a staff member calls in sick.
- Allow agreed resident information to be displayed on a secure portal to be viewed by families
- Allow residents to access their own records on the secure portal
- Allow for creation of reports
- Allow for easy export of data set in accordance with a subject access request.
- Allow for automatic import of tenant data when added on Aareon QL Housing system

# 2.2 Security requirements

- Must have multi-factor authentication to all devices
- Must only allow staff to see, and amend only the information they need to see and amend
- Must link only to CHS secure WiFi connection
- Devices must not be able to access general Internet features, such as social media
- Devices must be able to be remotely wiped in the case of loss
- Devices must time-out when not used for an agreed period of time
- System must meet agreed backup and restore parameters
- System must be hosted on the Internet with an agreed disaster recovery plan
- Data must be held within the EU

# 2.3 Service Requirements

- Availability: The system must comply with agreed availability targets
- **Maintainability:** The application must support regular updates to ensure compatibility with the latest web technologies, bug fixes, and security patches.
- **Usability:** The application should be accessible on multiple devices, including desktop and mobile.

#### 3.1 Existing process and documents

# • Care Grid (Appendix A)

Summary of tasks and times to be delivered for each resident used to request or amend the care given in Cambridgeshire County Council format

# • Care Plan (Appendix B)

Details of each resident and the care they receive, including:

- Personal Information
- Access to flat preferences
- Medical information
- Agreed points of contact
- Current care and support needs
- Desired outcomes
- Routines (how resident wants the care team to support them)
- Communication
- Assistive technology
- Oral health
- Dietary requirements
- Continence care
- Mobility
- Medication (full detail dispensing method, supplier, swallowing difficulties etc)
- Beauty treatments (hair, nails, feet etc)
- Home services (housekeeping, laundry, shopping etc)
- Power of attorney and advanced decisions (copy held in care plan)
- Religious beliefs
- Resident's background (parents, memories, interests etc)

## • Risk assessment for medicines management (Appendix C)

Full risk assessment for each resident's medicines in Cambridgeshire County Council format. Must be reviewed at least 6 monthly.

#### • Authorisation sheet (Appendix D)

Consent to share information completed by resident or authorised party

#### Flat risk assessment (Appendix E)

Risk assessment for each flat, including

- Slips/trips/fall risk
- Fire safety
- Hygiene
- Security/ property safety
- Any assistive technology used to mitigate risk

# • Tenant risk assessment (Appendix F)

Risk assessment for each tenant, including:

- Frailty assessment
- Nutrition
- Cognition
- Breathing
- Mobility

#### Power of attorney

Power of attorney or other authorisation, where held, linked to Care Plan

#### Restrictions record

Restrictions record /best interests where held

# • Care Card (Appendix G)

Schedule of care appointments given to each member of care staff at the start of each day, to be filled in as appointments are completed

## • MAR chart (Appendix H)

A 4-weekly record of medicines to be administered, filled in by care staff. See Appendix I – medicine administration cycle)

#### Appendix A - Care Grid

Summary of tasks and times to be delivered for each resident used to request or amend the care given in Cambridgeshire County Council format

1. Care Grid - Social services .xls

# Appendix B - Care Plan

Details of each resident and the care they receive

1. Care Plan 2024.docx

# Appendix C - Medication Risk Assessment

Full risk assessment for each resident's medicines in Cambridgeshire County Council format

APP 3 Medication Risk Assessment.docx

# Appendix D - Authorisation sheet

Consent to share information completed by resident or authorised party Authorisation sheet 2024 DUC.docx

### Appendix E - Flat risk assessment

Risk assessment for each flat

FRA 2025.docx

# Appendix F - Tenant Risk assessment

Risk assessment for each tenant

TRA 2025.docx

#### Appendix G - Care Card

Schedule of care appointments given to each member of care staff at the start of each day, to be filled in as appointments are completed

NEW - TL and x2 carer 03.06.25.docx

#### Appendix H - MAR (Medication Administration Record) Chart

A 4-weekly record of medicines to be administered, filled in by care staff. See Appendix I – medicine administration cycle)

xMAR Sheet 1.pdf

### **Appendix I - Medicines Administration Cycle**

Current process

- Initial MAR chart is created from the Care Grid (appendix A) with input from new resident, GP and family
- 1. CHS do manual order to the pharmacy for 4-weekly medicines order for residents
- 2. Medications arrive at CHS
- 3. Team Leader will sort out medicines and amend MAR charts to reflect the new stock of medicines
- 4. Carers amend the MAR charts every time they administer medication
- 5. 4-week cycle leads to completed MAR charts showing a record of medicine administration
- 6. Team Leader uses completed MAR charts to do medicines order for pharmacy
- 7. Return to step 1