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Award

Weight Loss App Evaluation

NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)

UK5: Transparency notice - Procurement Act 2023 - [view information about notice types](#)

Notice identifier: 2025/S 000-080763

Procurement identifier (OCID): ocds-h6vhtk-05f119 ([view related notices](#))

Published 8 December 2025, 4:15pm

Scope

Reference

CAV-DIR (25-26) 165

Description

Nutracheck is a mobile application that facilitates weight loss in individuals. The app monitors food consumption, physical activity and weight loss over time. Cardiff and Vale UHB needs to understand if using this application in our most disadvantaged communities works to encourage weight loss over a 6 month period. We would like to engage Cardiff Metropolitan University to analyse anonymised data from the Nutracheck app from circa 1,000 participants; plus, a small sub-group of around 100 participants for more intensive evaluation on biomarkers and relevant questionnaires over the same time period, and then over the next 2-3 years. The Requirement Cardiff and Vale UHB would like to understand whether a mobile application (Nutracheck) works to support more disadvantaged populations to lose weight over a 6 month period initially, and then over 2-3 years. Cardiff Metropolitan University is ideally placed to conduct this research / evaluation. The Cardiff School of Sport and Health Sciences is a recognised centre of excellence in the UK, with an international reputation for the quality of its research across

health and exercise sciences. The School works in collaboration with their students and industry partners, health boards, sport national governing bodies and many others to deliver impactful research. The school hosts multiple inter-disciplinary research and innovation centres, including the Food Industry Centre, the Integrative and Applied Physiology group, Centre for Cardiovascular Research, Innovation, and Development. Each drawing upon expertise within Cardiff Metropolitan University, including internationally recognised experts in food science, dietetics, food legislation, environmental health, exercise prescription and biomedical sciences. This makes them the only local choice for this project.

Contract 1. Weight Loss App Evaluation

Supplier

- Cardiff Metropolitan University

Contract value

- £96,127 excluding VAT
- £115,352.40 including VAT

Above the relevant threshold

Earliest date the contract will be signed

9 December 2025

Contract dates (estimated)

- 2 January 2026 to 28 February 2030
- 4 years, 1 month, 30 days

Main procurement category

Services

CPV classifications

- 72316000 - Data analysis services

Contract locations

- UKL22 - Cardiff and Vale of Glamorgan

Other information

Conflicts assessment prepared/revised

Yes

Procedure

Procedure type

Direct award

Direct award justification

Single supplier - technical reasons

Cardiff Metropolitan University's School of Sport and Health Sciences is uniquely positioned to deliver this contract due to its status as a nationally recognised centre of excellence with an established international reputation in health, exercise, and applied research. The School brings together unmatched interdisciplinary capability through its specialist research and innovation centres, including the Food Industry Centre, the Integrative and Applied Physiology Group, and the Centre for Cardiovascular Research, Innovation and Development. Under Schedule 5, paragraph 6 of the 2023 Procurement Act, it is recommended that Cardiff Metropolitan University is awarded the contract under the single-supplier agreement. This is due to their combination of specialist infrastructure, internationally recognised academic expertise, and established collaborative networks. No other organisation in the region can deliver the same depth, breadth, or relevance of research required for this project. Cardiff Metropolitan University is therefore the only supplier capable of meeting the specification of this contract.

Supplier

Cardiff Metropolitan University

- Public Procurement Organisation Number: PPNB-5569-JLHH

Llandaff Campus, Western Avenue

Cardiff

CF5 2YB

United Kingdom

Email: Tenders@cardiffmet.ac.uk

Region: UKL22 - Cardiff and Vale of Glamorgan

Small or medium-sized enterprise (SME): No

Voluntary, community or social enterprise (VCSE): No

Contract 1. Weight Loss App Evaluation

Contracting authority

NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)

- Public Procurement Organisation Number: PXWV-6492-CGMN

Woodland House, Maes-y-coed Road.

Cardiff

CF14 4HH

United Kingdom

Contact name: Lowri Crossman

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Region: UKL22 - Cardiff and Vale of Glamorgan

Organisation type: Public authority - sub-central government

Devolved regulations that apply: Wales