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Planning

## **Provision of Exercise on Referral and Tier 2 Weight Management service**

London Borough of Redbridge

UK2: Preliminary market engagement notice - Procurement Act 2023 - [view information about notice types](#)

Notice identifier: 2025/S 000-074416

Procurement identifier (OCID): ocds-h6vhtk-05e285

Published 17 November 2025, 2:10pm

### **Scope**

### **Reference**

DN796777

### **Description**

A contract for the provision of Exercise on Referral and Weight Management within LB Redbridge has been in place for several years. The Authority is looking for a Provider to undertake a variety of Weight Management services for the Community within the Borough.

### **Total value (estimated)**

- £1 excluding VAT

- £1 including VAT

Above the relevant threshold

### **Contract dates (estimated)**

- 1 April 2026 to 1 May 2029
- Possible extension to 2 June 2030
- 4 years, 2 months, 2 days

### **Main procurement category**

Services

### **CPV classifications**

- 92000000 - Recreational, cultural and sporting services

### **Contract locations**

- UK - United Kingdom

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## **Engagement**

### **Engagement deadline**

15 December 2025

## Engagement process description

A contract for the provision of Exercise on Referral and Weight Management within LB Redbridge has been in place for several years. The provider had been commissioned to undertake a variety of services for the Community in the Borough

### Aims and Objectives of the Service

- The Provider shall work within the general aims, objectives and scope of the Service detailed in this Specification or otherwise notified to the Provider during the Contract Period. However, the Provider shall work flexibly to ensure the aims and objectives of the Service are achieved.
  - The Provider shall provide the Service in a manner that allows Service Users to live independently with any risk, either to themselves or others, minimised through assessment, management and support.
  - The Provider shall be capable of working with people with a varying level and variety of needs.
  - The Provider's staff shall have the necessary knowledge, skills and experience of working with community organisations.
  - The Provider shall promote and demonstrate the benefits of physical activity to patients suffering from a range of physical and mental health conditions, i.e. obesity, high blood pressure, mild to moderate depression etc. and those who are not currently active.
  - The Service seeks to provide a range of exercise options in leisure centres for priority groups of low to medium risk clients, (including Phase 4 Cardiac Rehab), to develop the confidence, skills and motivation they need to become and remain physically active by:
    - Offering individuals with a range of medical conditions the opportunity to increase physical activity in order to improve their health and wellbeing.
    - Developing the confidence, skills, and motivation they need to become and remain physically active; and
    - Providing Phase 4 Cardiac Rehab for cardiac patients who are deemed to be low/medium risk and meet British Association for Cardiac Rehabilitation ("BACR") risk stratification criteria
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## Participation

### Particular suitability

- Small and medium-sized enterprises (SME)
  - Voluntary, community and social enterprises (VCSE)
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## Submission

### Publication date of tender notice (estimated)

5 January 2026

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## Contracting authority

### London Borough of Redbridge

- Public Procurement Organisation Number: PPZX-9247-ZGQQ

7th Floor, Lynton House

Ilford

IG1 1NN

United Kingdom

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Website: <http://www.redbridge.gov.uk/>

Region: UKI53 - Redbridge and Waltham Forest

Organisation type: Public authority - sub-central government