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Planning

## **Digital CBT (Cognitive Behavioural Therapeutic) interventions for insomnia and insomnia symptoms**

NHS England

UK2: Preliminary market engagement notice - Procurement Act 2023 - [view information about notice types](#)

Notice identifier: 2025/S 000-061415

Procurement identifier (OCID): ocds-h6vhtk-05a611

Published 1 October 2025, 3:12pm

### **Changes to notice**

This notice has been edited. The [previous version](#) is still available.

additional information

### **Scope**

### **Description**

Preliminary market consultation to inform the NHS commercial strategy for Digital CBT (Cognitive Behavioural Therapeutic) interventions for insomnia and insomnia symptoms. Please note all stated financial values in relation to this notice are nominal, as the financial envelope is yet to be defined. Projected contracting dates in the notice, similarly do not reflect any plans as these are yet to be defined. To express interest, review and respond to the request for information questionnaire please register and apply via Atamis e-sourcing portal using the following link. [https://atamis-1928.my.salesforce-sites.com/ProSpend\\_CS\\_ContractPage?SearchType=Projects&uid=a07Sr00000i8oS6IAI&searchStr=insomnia&sortStr=Recently+Published&page=1&filters=&County=](https://atamis-1928.my.salesforce-sites.com/ProSpend_CS_ContractPage?SearchType=Projects&uid=a07Sr00000i8oS6IAI&searchStr=insomnia&sortStr=Recently+Published&page=1&filters=&County=)

### **Total value (estimated)**

- £1 excluding VAT
- £1 including VAT

Above the relevant threshold

### **Contract dates (estimated)**

- 1 July 2026 to 30 June 2027
- 1 year

### **Main procurement category**

Services

### **CPV classifications**

- 72200000 - Software programming and consultancy services
- 48000000 - Software package and information systems
- 72212000 - Programming services of application software

- 48814000 - Medical information systems

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## **Engagement**

### **Engagement deadline**

14 October 2025

### **Engagement process description**

Preliminary Market Consultation regarding Digital CBT (Cognitive Behavioural Therapeutic) interventions for insomnia and insomnia symptoms.

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## **Participation**

### **Particular suitability**

- Small and medium-sized enterprises (SME)
- Voluntary, community and social enterprises (VCSE)

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## **Submission**

### **Publication date of tender notice (estimated)**

1 March 2026

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## **Contracting authority**

### **NHS England**

- Public Procurement Organisation Number: PDPT-3135-BWWY

Wellington House, 133-135 Waterloo Rd

London

SE1 8UG

United Kingdom

Contact name: Charlie Stephens

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Website: <https://www.england.nhs.uk/>

Region: UKI45 - Lambeth

Organisation type: Public authority - central government