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Planning

Digital CBT (Cognitive Behavioural Therapeutic) interventions for insomnia and insomnia symptoms

NHS England

UK2: Preliminary market engagement notice - Procurement Act 2023 - [view information about notice types](#)

Notice identifier: 2025/S 000-061403

Procurement identifier (OCID): ocds-h6vhtk-05a611

Published 1 October 2025, 3:03pm

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Scope

Description

Preliminary market consultation to inform the NHS commercial strategy for Digital CBT (Cognitive Behavioural Therapeutic) interventions for insomnia and insomnia symptoms. Please note all stated financial values in relation to this notice are nominal, as the financial envelope is yet to be defined. Projected contracting dates in the notice, similarly do not reflect any plans as these are yet to be defined.

Total value (estimated)

- £1 excluding VAT
- £1 including VAT

Above the relevant threshold

Contract dates (estimated)

- 1 July 2026 to 30 June 2027
- 1 year

Main procurement category

Services

CPV classifications

- 72200000 - Software programming and consultancy services
- 48000000 - Software package and information systems
- 72212000 - Programming services of application software
- 48814000 - Medical information systems

Engagement

Engagement deadline

14 October 2025

Engagement process description

Preliminary Market Consultation regarding Digital CBT (Cognitive Behavioural

Therapeutic) interventions for insomnia and insomnia symptoms.

Participation

Particular suitability

- Small and medium-sized enterprises (SME)
- Voluntary, community and social enterprises (VCSE)

Submission

Publication date of tender notice (estimated)

1 March 2026

Contracting authority

NHS England

- Public Procurement Organisation Number: PDPT-3135-BWWY

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Organisation type: Public authority - central government