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Planning

## **"Escape Pain" Hip & Knee OA Services YSTH**

York and Scarborough Teaching Hospital NHS Foundation Trust

F01: Prior information notice

Prior information only

Notice identifier: 2025/S 000-059888

Procurement identifier (OCID): ocids-h6vhtk-05a28d

Published 25 September 2025, 5:21pm

### **Section I: Contracting authority**

#### **I.1) Name and addresses**

York and Scarborough Teaching Hospital NHS Foundation Trust

York Hospital, Wigginton Road

York

YO31 8HE

#### **Contact**

Neil Dodds

#### **Email**

[neil.dodds1@nhs.net](mailto:neil.dodds1@nhs.net)

#### **Telephone**

+44 1723236139

#### **Country**

United Kingdom

**Region code**

UKE21 - York

**Internet address(es)**

Main address

<https://www.york.nhs.uk>

Buyer's address

<https://www.york.nhs.uk>

**I.3) Communication**

Additional information can be obtained from the above-mentioned address

Electronic communication requires the use of tools and devices that are not generally available. Unrestricted and full direct access to these tools and devices is possible, free of charge, at

<https://health-family.force.com/s/Welcome>

**I.4) Type of the contracting authority**

Body governed by public law

**I.5) Main activity**

Health

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## **Section II: Object**

### **II.1) Scope of the procurement**

#### **II.1.1) Title**

"Escape Pain" Hip & Knee OA Services YSTH

Reference number

C391345

#### **II.1.2) Main CPV code**

- 85323000 - Community health services

#### **II.1.3) Type of contract**

Services

#### **II.1.4) Short description**

The Trust is seeking to award a contract for the delivery of the "Escape Pain" program for managing lower limb osteoarthritis in local community locations as part of the MSK Community Services workstream.

It is anticipated that up to 160 OA hip and kneed patients will be referred to the provider over the initial 12 months.

The provider must be based within North Yorkshire with suitably certified staff in the local area of the Trust to deliver the services in community settings in a number of locations across York or sites as required by the Trust. All staff delivering the program must have attended official "Escape Pain" training and hold course certificates.

The provider must be able to adhere to the core tenets of the programme - X2 sessions per week over 6 weeks, each session to include combined education & exercise guidance; participants start & end program together; facilitators trained to deliver the program by centralised team. Classes should be offered weekdays and weekends as may be required by the Trust. The provider must be able to contribute to the "ESCAPE" centralised audit.

Appropriate professional/clinical insurance cover must be provided

Performance Metrics & KPIs

- Patients continuing with class once initial sessions have expired: TARGET = 75% of

referrals

- Mean Improvements in Knee OA Outcome Score (KOOS) post course
- Mean Improvements in Hip OA Outcome Score (HOOS) post course
- Mean improvements in Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS) post course

Quality Standards

The service provider must:

- Participate in ongoing audit and quality improvement.
- Ensure all personnel have up-to-date training in data protection and clinical governance.
- Have documented policies and practices with regard to staff vetting, patient safeguarding, etc..

Information Governance and Data Security

The provider must:

- Comply with UK GDPR, Data Protection Act 2018, and NHS Digital IG Toolkit standards.
- Have in place a secure audit trail for data access and reporting activity.

Governance and Oversight

- Regular contract review meetings to be performed quarterly
- Joint audit processes with the commissioning body.
- Named clinical leads from both parties to oversee collaboration.
- Referral process must integrate with existing NHS system.

The target start date for the contract is in November 2025 with an initial term of 12 months and option to extend the contract for 2 further periods of 6 months each.

#### **II.1.5) Estimated total value**

Value excluding VAT: £11,000

#### **II.1.6) Information about lots**

This contract is divided into lots: No

### **II.2) Description**

#### **II.2.2) Additional CPV code(s)**

- 85323000 - Community health services
- 85323000 - Community health services

#### **II.2.3) Place of performance**

NUTS codes

- UKE21 - York

Main site or place of performance

Sites in the local community area of York and Scarborough Teaching Hospitals NHS Foundation Trust

#### **II.2.4) Description of the procurement**

This notice is an intention to award a contract under the Health Care Services (Provider Selection Regime) Regulations 2023 Most Suitable Provider process.

Procurement of a digital services for MSK services. This is intended to be a 1 year trial, subject to regular reviews to monitor the effectiveness and performance of the digital platform in providing the required physiotherapy/rehabilitation services to Trust patients.

CPV Code: 85323000-9 Community Health Services

The contract will be for an initial term of 12 months from November 2025 to 31/10/2026 with options to extend for 2 further periods of 6 months each.

Estimated contract value is £11,000 for the full term including extension options.

The deadline for the submission of compliant expressions of interest is 18:00hrs on Friday 10th October 2025.

#### **II.3) Estimated date of publication of contract notice**

25 September 2025

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### **Section IV. Procedure**

#### **IV.1) Description**

##### **IV.1.8) Information about the Government Procurement Agreement (GPA)**

The procurement is covered by the Government Procurement Agreement: Yes

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## **Section VI. Complementary information**

### **VI.3) Additional information**

This is a Provider Selection Regime (PSR) intended approach notice. The awarding of this contract is subject to the Health Care Services (Provider Selection Regime) Regulations 2023 Most Suitable Provider Process. For the avoidance of doubt, the provisions of the Procurement Act 2023 do not apply to this award.'

Decision Maker - Allied Health Professional (AHP) Consultant, Musculoskeletal Service

This notice is for the intention to award a contract using the PSR Most Suitable Provider Process.