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Planning

Care and management of adult patients with Gender Dysphoria / Gender Incongruence in Primary Care

NHS Derby & Derbyshire Integrated Care Board

F01: Prior information notice

Prior information only

Notice identifier: 2025/S 000-049960

Procurement identifier (OCID): ocds-h6vhtk-058ad1

Published 19 August 2025, 5:04pm

Section I: Contracting authority

I.1) Name and addresses

NHS Derby & Derbyshire Integrated Care Board

The Council House, First Floor, Corporation Street

Derby

DE1 2FS

Contact

Hannah Belcher

Email

ddicb.lcsf@nhs.net

Country

United Kingdom

Region code

UKF1 - Derbyshire and Nottinghamshire

Internet address(es)

Main address

<https://www.joineducarederbyshire.co.uk/derbyshire-integrated-care-board/>

Buyer's address

<https://www.joineducarederbyshire.co.uk/derbyshire-integrated-care-board/>

I.3) Communication

Additional information can be obtained from the above-mentioned address

Electronic communication requires the use of tools and devices that are not generally available. Unrestricted and full direct access to these tools and devices is possible, free of charge, at

<https://health-family.force.com/s/Welcome>

I.4) Type of the contracting authority

Body governed by public law

I.5) Main activity

Health

Section II: Object

II.1) Scope of the procurement

II.1.1) Title

Care and management of adult patients with Gender Dysphoria / Gender Incongruence in Primary Care

Reference number

DDICB/PC/PSR/002-0725

II.1.2) Main CPV code

- 85100000 - Health services

II.1.3) Type of contract

Services

II.1.4) Short description

The Relevant Authority intends to award a single contract to the most suitable provider. This notice will be published for at least 14 days in line with best practice under the Provider Selection Regime 2023, allowing time for any enquiries to be considered.
Service Overview

This service is initially a pilot with plans to then further develop and expand this service.

For the pilot, then expressions of interest are requested from existing primary and/or community care providers in Derby and Derbyshire ICB.

During the initial pilot phase, the successful provider will enable a new model of care through a GP(s) with Extended Role (GPwER) to be commissioned. This will allow general practices in NHS Derby and Derbyshire ICB to refer patients into this service to support and care and management of adult patients with gender dysphoria / gender incongruence in primary care. This supports equality of access to care and management for patients within this cohort whilst enabling further understanding of the need for this service across Joined Up Care Derbyshire.

This service will provide a specialist support service within the community to general practice where a GP and/or other healthcare professionals with additional interest / education and specialism in gender dysphoria / gender incongruence will be able to support decision making.

This service would also offer, where deemed clinically necessary and at the discretion of the service, patients to receive face to face and telephone / online consultations to support them with gender dysphoria / gender incongruence. This service will (if required) also address the care and management of those patients discharged from the Gender Identity Clinic and stable to provide long term support for patients (as such could be known as a 'step down' approach in managing their care within the community) and could provide advice, guidance and support to practices that are managing these patients.

The service will also be able to support with the prescribing and monitoring, with support from Nottinghamshire Gender Identity Clinic (GIC) of:

For Transmen:

- Testosterone (IM or transdermal)
- GnRH analogues (Leuprorelin or triptorelin sub cut)

For Transwomen:

- Estradiol (oral or transdermal)
- GnRH analogues (Leuprorelin sub cut)
- Anti-androgen treatments (oral – Finasteride, Cyproterone and Spironolactone)

The service provider will need:

- Expertise and experience in GD
- Strong links with a GIC
- Track record of delivery / engagement

For copies of the draft service specification please contact the Commissioner using the email address provided and a copy of the specification will be issued to you.

The service is a pilot, and the initial contract is for 5 years with a 6 month notice period included with effect from 01st October 2025. Annual contract value is £46,795.64. Total contract value over 5 years £233,975.00.

Interested providers should formally register their interest by emailing the ICB Primary Care team on the following email - ddicb.lcsf@nhs.net, no later than midnight on 02 September 2025.

II.1.5) Estimated total value

Value excluding VAT: £233,975

II.1.6) Information about lots

This contract is divided into lots: No

II.2) Description

II.2.2) Additional CPV code(s)

- 85121100 - General-practitioner services

II.2.3) Place of performance

NUTS codes

- UKF11 - Derby

Main site or place of performance

Derby & Derbyshire

II.2.4) Description of the procurement

NHS Derby & Derbyshire Integrated Care Board (ICB), hereafter the Relevant Authority, is seeking to procure Care and management of adult patients with Gender Dysphoria / Gender Incongruence in Primary Care through a Most Suitable Provider Process under The Health Care Services (Provider Selection Regime) Regulations 2023.

Aims and objectives of the service

The aim of this service is to ensure safe and appropriate care and management of adult patients (aged 18 years and over) with gender dysphoria / gender incongruence who are registered with a Derby and Derbyshire General Practice.

The service also aims to:

- Enhance the knowledge / experience of general practices supporting patients with gender dysphoria / gender incongruence care within the Derby and Derbyshire.
- Enhance the care and management of patients with gender dysphoria / gender incongruence in partnership with the patients' own GP and GIC.
- Deliver a service closer to home which is convenient and meets the needs of patients.
- Improve the use of shared clinical records between primary care, GIC, Adult & Social Care, Mental Health etc to promote a collaborative and joined up care approach and overall providing holistic patient care.
- Enable general practice patients to have access to a GPwER service to seek advice, guidance and support regarding the care and management of patients with gender dysphoria / gender incongruence.

Service description / care pathway

The service will involve the commissioning of General Practitioner(s) with Extended Role (GPwER) model across Derby and Derbyshire which general practice can refer into to

support the care and management of adult patients with gender dysphoria / gender incongruence in primary care.

This service will provide a support service within the community to general practice where a GP and/or other healthcare professionals with additional interest / education and specialism in gender dysphoria / gender incongruence will be able to support decision making. In so this supports equality of access to care and management for patients within this cohort whilst enabling further understanding of the need for this service across Joined Up Care Derbyshire.

This service would also offer, where deemed clinically necessary and at the discretion of the service, patients to receive face to face and telephone / online consultations to support them with gender dysphoria / gender incongruence.

This service could also address the care and management of those patients discharged from the GIC and stable to provide long term support for patients (as such could be known as a 'step down' approach in managing their care within the community) and could provide advice, guidance and support to practices that are managing these patients.

The service will also be able to support with the prescribing and monitoring, with support from Nottinghamshire Gender Identity Clinic (GIC) of:

For Transmen:

- Testosterone (IM or transdermal)
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For Transwomen:

- Estradiol (oral or transdermal)
 - GnRH analogues (Leuprorelin sub cut)
 - Anti-androgen treatments (oral – Finasteride, Cyproterone and Spironolactone)
- This would be supported by training and regular supervision i.e. multi-disciplinary team meetings provided by Nottinghamshire Gender Identity Clinic (GIC).

Local defined outcomes

- Patient receiving advice, guidance and support closer to home.
- Enhance the knowledge / experience of gender dysphoria / gender incongruence care in primary care within the Derby and Derbyshire.
- Reduction in travel to specialist clinic supports greener and sustainable NHS.
- Efficient use of National Health Service resources; and
- Patients being jointly managed by secondary and primary care, so they can be treated in the community with the support from the specialist as required.

Please see Additional Information section below for key requirements.

II.2.14) Additional information

By expressing an interest providers are confirming:

- that you can meet all of the requirements of the service specification.
- that you can provide the service to all of the registered patients in Derby and Derbyshire ICB.
- that you will provide prescribing and monitoring (as required) for all patients referred from a Derby and Derbyshire GP Practice
- that the lead practice/provider is CQC registered and has a minimum of Good overall rating.
- the provider will be able to set up and offer the service by the 1st October 2025 at the latest.
- the GPwER has a track record and experience in working with Gender Identity Clinics
- the GPwER has attended an education and training session hosted by an approved GIC and can provide evidence to ensure ongoing training and education is provided by Nottinghamshire Gender Identity Clinic.

Details of award decision makers:

The decision will be made by NHS Derby and Derbyshire ICB Primary Care Sub Group

II.3) Estimated date of publication of contract notice

9 September 2025

Section IV. Procedure

IV.1) Description

IV.1.8) Information about the Government Procurement Agreement (GPA)

The procurement is covered by the Government Procurement Agreement: No

Section VI. Complementary information

VI.3) Additional information

This is a Provider Selection Regime (PSR) intended approach notice. The awarding of this contract is subject to the Health Care Services (Provider Selection Regime) Regulations 2023. For the avoidance of doubt, the provisions of the Procurement Act 2023 do not apply to this award.

In accordance with Regulation 10 of The Health Care Services (Provider Selection Regime) Regulations 2023, NHS Derby & Derbyshire Integrated Care Board (known hereafter as the Relevant Authority) is looking to award a contract under the Most Suitable Provider process as the Relevant Authority is able to identify the most suitable provider without running a competitive exercise, for the provision of Care and management of adult patients with Gender Dysphoria / Gender Incongruence in Primary Care.

The successful MSP will have to satisfy the Basic Selection Criteria and demonstrate how they meet the Key Criteria as listed within this notice.

The Relevant Authority will select the MSP based on the following stages:

- 1) The Provider will have to satisfy the Basic Selection Criteria in accordance with regulation 19 of the PSR
- 2) The Relevant Authority will then assess providers who satisfy the Basic Selection Criteria against the Key Criteria as set out below to determine the MSP.

The criteria are all ranked equally.

- a) Quality and Innovation
- b) Integration, collaboration, and service sustainability
- b) Improving access, reducing health inequalities and facilitating choice value
- c) Value
- d) Social Value

Details of award decision makers:

The decision will be made by NHS Derby and Derbyshire ICB Primary Care Sub Group