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Tender

# **GUIDED SELF-HELP PSYCHOLOGICAL INTERVENTIONS**

NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)

F02: Contract notice

Notice identifier: 2025/S 000-045113

Procurement identifier (OCID): ocds-h6vhtk-056b12

Published 1 August 2025, 11:06am

# **Section I: Contracting authority**

## I.1) Name and addresses

NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)

2nd Floor Woodland House Maes-Y-Coed Road

Cardiff

**CF14 4HH** 

#### Contact

Marisa Riley

#### **Email**

marisa.riley2@wales.nhs.uk

## **Telephone**

+44 2921501085

## Country

**United Kingdom** 

#### **NUTS** code

UK - United Kingdom

## Internet address(es)

Main address

http://nwssp.nhs.wales/ourservices/procurement-services/

Buyer's address

https://www.sell2wales.gov.wales/search/Search\_AuthProfile.aspx?ID=AA0221

## I.3) Communication

The procurement documents are available for unrestricted and full direct access, free of charge, at

https://etenderwales.bravosolution.co.uk/home.html

Additional information can be obtained from the above-mentioned address

Tenders or requests to participate must be submitted electronically via

https://etenderwales.bravosolution.co.uk/home.html

# I.4) Type of the contracting authority

Body governed by public law

# I.5) Main activity

Health

# **Section II: Object**

## II.1) Scope of the procurement

## II.1.1) Title

GUIDED SELF-HELP PSYCHOLOGICAL INTERVENTIONS

Reference number

CAV-CP(25/26)- 60030

## II.1.2) Main CPV code

• 85323000 - Community health services

## II.1.3) Type of contract

Services

#### II.1.4) Short description

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan. Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

## II.1.5) Estimated total value

Value excluding VAT: £425,426

## II.1.6) Information about lots

This contract is divided into lots: Yes

Tenders may be submitted for all lots

## II.2) Description

### II.2.1) Title

Cardiff East

Lot No

1

#### II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

• UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

1 Cardiff East

#### II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff East locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

#### II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

## II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

Start date

1 November 2025

End date

31 October 2027

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

## II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

## II.2) Description

## II.2.1) Title

Cardiff South West

Lot No

2

## II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

Cardiff South West

## II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff South West locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

#### II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

#### II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

Duration in months

24

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

## II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

## II.2) Description

## II.2.1) Title

Cardiff West

Lot No

3

## II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

• UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

Cardiff West

## II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff West locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

## II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

## II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

**Duration in months** 

24

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

## II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

## II.2) Description

## II.2.1) Title

Cardiff North

Lot No

4

## II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

Cardiff North

#### II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff North locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those

needing support under the remit of Tier 0.

## II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

## II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

**Duration in months** 

24

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

## II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

# II.2) Description

## II.2.1) Title

Cardiff City & South

Lot No

5

## II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

• UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

Cardiff City & South

## II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff City and South locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

#### II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

#### II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

Duration in months

24

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

## II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

## II.2) Description

## II.2.1) Title

Cardiff South East

Lot No

6

## II.2.2) Additional CPV code(s)

• 85323000 - Community health services

## II.2.3) Place of performance

**NUTS** codes

• UKL22 - Cardiff and Vale of Glamorgan

Main site or place of performance

Cardiff South East

## II.2.4) Description of the procurement

The NHS Wales Shared Services Partnership, hosted by Velindre NHS Trust are acting on behalf of Cardiff and Vale University Local Health Board who are seeking to award a contract for Guided Self-Help Psychological Interventions - Tier 0 in Cardiff South East locality. The Cardiff and Vale Primary Mental Health Support Service (PMHSS) provides primary care services for patients experiencing mild to moderate or stable severe and enduring mental health issues. The service supports providing health care and positive promotion to the service users and carers of Cardiff and the Vale at the Tier 1 level, which aligns with the Mental Health Measure (Part 1) agenda in Cardiff and Vale UHB. The NHS provides it and covers all areas within Cardiff and the Vale of Glamorgan.

Currently, PMHSS delivers several interventions, including the Centre for Clinical Interventions (CCI), ACT-ion for Living psychoeducation groups based on Acceptance and Commitment Therapy (ACT), and a Stress Control psychoeducation group. These have all had positive outcomes in assisting with the well-being of the general population. Due to the demand for PMHSS, there is evidence that a gap was identified for those needing support under the remit of Tier 0.

## II.2.5) Award criteria

Price is not the only award criterion and all criteria are stated only in the procurement documents

## II.2.7) Duration of the contract, framework agreement or dynamic purchasing system

**Duration in months** 

24

This contract is subject to renewal

No

## II.2.10) Information about variants

Variants will be accepted: No

# II.2.11) Information about options

Options: No

## II.2.12) Information about electronic catalogues

Tenders must be presented in the form of electronic catalogues or include an electronic catalogue

## II.2.13) Information about European Union Funds

The procurement is related to a project and/or programme financed by European Union funds: No

# Section III. Legal, economic, financial and technical information

## III.1) Conditions for participation

## III.1.2) Economic and financial standing

Selection criteria as stated in the procurement documents

## III.1.3) Technical and professional ability

Selection criteria as stated in the procurement documents

## Section IV. Procedure

# **IV.1) Description**

## IV.1.1) Type of procedure

Open procedure

## IV.1.8) Information about the Government Procurement Agreement (GPA)

The procurement is covered by the Government Procurement Agreement: No

## IV.2) Administrative information

## IV.2.2) Time limit for receipt of tenders or requests to participate

Date

1 September 2025

Local time

12:00pm

### IV.2.4) Languages in which tenders or requests to participate may be submitted

English, Welsh

## IV.2.6) Minimum time frame during which the tenderer must maintain the tender

Duration in months: 24 (from the date stated for receipt of tender)

## IV.2.7) Conditions for opening of tenders

Date

1 September 2025

Local time

12:00pm

# **Section VI. Complementary information**

## VI.1) Information about recurrence

This is a recurrent procurement: Yes

Estimated timing for further notices to be published: Contract Award Notice (Intention to Award) - F03 - Oct 2025

## VI.2) Information about electronic workflows

Electronic ordering will be used

Electronic invoicing will be accepted

Electronic payment will be used

## VI.3) Additional information

This is a Provider Selection Regime Wales (PSR Wales) Contract Notice. The awarding of this contract is subject to the Health Services (Provider Selection Regime) (Wales) Regulations 2025. For the avoidance of doubt, the provisions of the Public Contracts Regulations 2015/Procurement Act 2023 do not apply to this award.'

Procurement documents, including detailed instructions on how to submit bids and the required information, are available at the following link: <a href="https://etenderwales.bravosolution.co.uk/home.html">https://etenderwales.bravosolution.co.uk/home.html</a>. The criteria for contract award decisions can also be found there.

NOTE: The authority is using eTenderwales to carry out this procurement process. To obtain further information record your interest on Sell2Wales at <a href="https://www.sell2wales.gov.wales/search/search\_switch.aspx?ID=154101">https://www.sell2wales.gov.wales/search/search\_switch.aspx?ID=154101</a>

(WA Ref:154101)

## VI.4) Procedures for review

## VI.4.1) Review body

**High Court** 

Royal Courts of Justice, The Strand

London

WC2A 2LL

Telephone

+44 2079477501

Country

United Kingdom