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Planning

Expressions of Interest for Bespoke Adult Eating Disorder Inpatient Service

Leicestershire Partnership NHS Trust

F01: Prior information notice

Prior information only

Notice identifier: 2023/S 000-036040

Procurement identifier (OCID): ocds-h6vhtk-042250

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Section I: Contracting authority

I.1) Name and addresses

Leicestershire Partnership NHS Trust

Corporate Affairs

Leicester

LE4 8PQ

Contact

RUSSELL HADFIELD

Email

russell.hadfield@nhs.net

Telephone

+44 7825923662

Country

United Kingdom

Region code

UKF22 - Leicestershire CC and Rutland

Internet address(es)

Main address

<https://www.noecpc.nhs.uk>

Buyer's address

<https://www.noecpc.nhs.uk>

I.3) Communication

Additional information can be obtained from the above-mentioned address

Electronic communication requires the use of tools and devices that are not generally available. Unrestricted and full direct access to these tools and devices is possible, free of charge, at

<https://health-family.force.com/s/Welcome>

I.4) Type of the contracting authority

Body governed by public law

I.5) Main activity

Health

Section II: Object

II.1) Scope of the procurement

II.1.1) Title

Expressions of Interest for Bespoke Adult Eating Disorder Inpatient Service

II.1.2) Main CPV code

- 85111500 - Psychiatric hospital services

II.1.3) Type of contract

Services

II.1.4) Short description

We are seeking expressions of interest to deliver a bespoke inpatient eating disorder service to a young adult outside of the usual contractual and financial framework for adult eating disorder inpatient services.

The person's complexity of presentation and current acuity levels on the units. require us to procure a bespoke option that can meet the person's treatment needs within a time-limited inpatient admission.

II.1.5) Estimated total value

Value excluding VAT: £3,000,000

II.1.6) Information about lots

This contract is divided into lots: No

II.2) Description

II.2.2) Additional CPV code(s)

- 85111500 - Psychiatric hospital services

II.2.3) Place of performance

NUTS codes

- UKF - East Midlands (England)

II.2.4) Description of the procurement

We are seeking expressions of interest to deliver a bespoke inpatient eating disorder service to a young adult outside of the usual contractual and financial framework for adult eating disorder inpatient services.

Due to the person's complexity of presentation and current acuity levels, we are looking to procure a bespoke option that can meet the person's treatment needs within a time-limited inpatient admission.

Below is a summary of the care that will be required:

- 24-hour care in an inpatient eating disorder environment under a section of the mental health act.
- A multi-disciplinary team that can meet the person's medical, psychological and social needs.
- Nasal Gastronomy (NG) feeding under restraint
- Ability to manage high levels of distress including self-harm, verbal abuse and assaultive behaviour.
- A long-term segregation (LTS) environment initially with the ability to transfer out of LTS as soon as is reasonably possible.
- Clear focus on least restrictive practice.
- Ability to make reasonable adjustments for a working diagnosis of autism
- Advocacy.
- Carer support.

Required Service / Aims of Admission

One of the main aims of the admission would be to increase Body Mass Index (BMI) or restore weight, reduce the current restrictions (including LTS), develop a life plan (to support discharge planning) and prepare for discharge. It will involve a commitment to meet with the external stakeholders regularly and be actively involved in any legal framework planning that will be needed for discharge e.g. Condition Of Participation (COP) or Deprivation of Liberty Safeguards (DOLs).

There should be regular reviews to assess the relative risks versus benefits (both physical and psychological) of the treatment plan, particularly given the likely high level of restraint and the need for LTS. This balance may shift as the BMI increases. The overarching aim should be that treatment should be in the person's best interests.

The service will need to be able to deliver the required expertise in the treatment of eating disorders (in accordance with the specification for AED inpatient services) whilst also making the necessary adjustments in relation to Autism Spectrum Disorder (ASD). This will include access to Multi-Disciplinary Team interventions and close monitoring of mental

and physical state by the medical and nursing team.

The environment should be no more restrictive than is necessary.

Proposed care plan

1. Adequate nutritional input under specialist dietetic guidance with clear target BMI goal and rate of weight increase
2. Psychological support to ensure adherence to nutrition plan
3. CBT-E informed care from MDT for continuous messaging re. need to address nutritional deficit, understanding food/fatness fears as illness to support motivation for change and recovery.
4. Provision of NG feeding at least daily, if unable to adhere to oral intake
5. Physical monitoring, weekly blood tests and weight, pulse, BP daily.
6. Medical support to manage physical complaints, complications eg. refeed syndrome
7. Administration of medication.
8. ASD adjustment, includes clarity, precise communication style, consistency, limited decision making, addressing sensory needs, PEACE Pathway strategies
9. Occupational Therapist to structure daily activities, social interests, examine educational input
10. Management of acutely disturbed state associated with feeding and violence towards staff, with need for Restraint. This has required bespoke team of at least 5 to 1.
11. Use of Safety Pod (under review with mx, but standard use on EDUs)
12. Segregation: initial plan for short term management away from other patients because of past risk and assault. This will need to be reviewed regularly.
13. Provision for one-to-one time to facilitate working towards emotional literacy work and then formal psychology. CBT-E informed therapeutic work. Autism self-awareness/understanding/acceptance
14. Support to re-socialise with peers, family and friends.
15. Support to navigate the transition from child-teen-youth to adult including physical development,
16. Family therapy
17. Support sessions for staff involved.
18. Active discharge planning.

II.2.14) Additional information

To be considered for this service, all responding suppliers:

1. Must have extensive experience in managing and treating patients presenting with an eating disorder (adults).
2. Must have a minimum of 3 years of unqualified accounts.
3. Must have a CQC registration with a rating of Good or Outstanding.
4. Must not be under any enhanced surveillance from a quality perspective.

5. Must be able to mobilise the service and offer within 2 months of being awarded the contract.

If you are able to deliver this bespoke service and adhere to all 5 points above, please email the Buyer as soon as possible, using the contact details provided above, to register your interest for further engagement on this opportunity.

II.3) Estimated date of publication of contract notice

15 January 2024

Section IV. Procedure

IV.1) Description

IV.1.8) Information about the Government Procurement Agreement (GPA)

The procurement is covered by the Government Procurement Agreement: Yes