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Planning

## **Family Trauma Service**

MERSEY CARE NHS FOUNDATION TRUST

F01: Prior information notice

Prior information only

Notice identifier: 2021/S 000-019922

Procurement identifier (OCID): ocds-h6vhtk-02d541

Published 16 August 2021, 1:36pm

### **Section I: Contracting authority**

#### **I.1) Name and addresses**

MERSEY CARE NHS FOUNDATION TRUST

V7 Building Kings Business Park

LIVERPOOL

L34 1PJ

#### **Contact**

Colin Todd

#### **Email**

[colin.todd@merseycare.nhs.uk](mailto:colin.todd@merseycare.nhs.uk)

#### **Telephone**

+44 1514712480

#### **Country**

United Kingdom

**NUTS code**

UKD7 - Merseyside

**Internet address(es)**

Main address

[www.merseycare.nhs.uk](http://www.merseycare.nhs.uk)

**I.3) Communication**

Additional information can be obtained from the above-mentioned address

**I.4) Type of the contracting authority**

Body governed by public law

**I.5) Main activity**

Health

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**Section II: Object**

**II.1) Scope of the procurement**

**II.1.1) Title**

Family Trauma Service

**II.1.2) Main CPV code**

- 85000000 - Health and social work services

**II.1.3) Type of contract**

Services

**II.1.4) Short description**

NHS England & NHS Improvement recognise that in order to support clinical teams to

reduce the use of highly restrictive interventions such as segregation with children and young people, autistic adults and adults with a learning disability, strong clinical leadership with an underlying person-centred model is critical. Time and resources to focus on individuals with their families, creating culture change and supporting staff teams as well as the individual and their family and the system requires skilled intervention. This has resulted in the development of a partnership between the NHS-Led Provider Collaboratives and the Centre for Perfect Care at Mersey Care NHS Foundation Trust to deliver the HOPES programme at scale nationally

The HOPES model will consider trauma as part of the overall delivery and package of interventions, where a specific trauma need is identified the HOPES practitioner in conjunction with the HOPES clinical director and clinical team will discuss referral for individual trauma work on an as required basis. This provision and cost will be funded by the Procured Provider.

### Family Trauma Work

There is evidence from families and organisations that support families of people that they are often traumatised by the experience of their son or daughter being sectioned and spending time in hospital. The whole process beginning with the removal from the family, the experiences of restraint and often segregation and seclusion to eventual discharge and transition out of hospital can be full of difficult and often traumatising actions that leave the whole family changed by the experience.

Leaving families traumatised and continuing to further traumatise them does not lead to a good outcome and can lead to very real complications in the provision of future support. There is also evidence that that families who have experienced complex trauma will need long term trauma informed psychotherapy of at least one year duration.

Alongside the delivery of the interventions to the person and the clinical team, this initiative will deliver family trauma work to those families who wish to engage. The proposal includes the offer of 44 therapeutic sessions (equivalent to one therapeutic year). The aim of the therapy would be to lessen the effect of complex trauma. This would be achieved by:

- building a trusting therapeutic relationship with the family
- enabling the family to be properly heard and understood
- normalising the trauma responses that the family are experiencing
- enabling a reality check about whether the anxiety they may still be experiencing is a valid response to what is happening in reality, or a hypervigilant response connected to previous trauma

- allowing time and space for earlier levels of trauma to surface safely and have time to be processed

The Clinical Case Manager will work in close parallel with the family's psychotherapist to ensure that any actual or perceived challenges within the system supporting the family are addressed. The role of the Clinical Case Manager is to support the family and the supportive network to be able to build more trusting relationships and to address real issues of concern where they exist.

### **II.1.6) Information about lots**

This contract is divided into lots: No

## **II.2) Description**

### **II.2.2) Additional CPV code(s)**

- 85000000 - Health and social work services

### **II.2.3) Place of performance**

NUTS codes

- UKD7 - Merseyside

Main site or place of performance

Nationwide

### **II.2.4) Description of the procurement**

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### **II.3) Estimated date of publication of contract notice**

16 September 2021

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## **Section IV. Procedure**

### **IV.1) Description**

#### **IV.1.8) Information about the Government Procurement Agreement (GPA)**

The procurement is covered by the Government Procurement Agreement: No