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Planning

## **Emotional Dysregulation in Autism Peer Support Workers**

BIRMINGHAM WOMENS AND CHILDRENS NHS FOUNDATION TRUST

F01: Prior information notice

Prior information only

Notice identifier: 2024/S 000-016125

Procurement identifier (OCID): ocds-h6vhtk-04698c

Published 22 May 2024, 10:48am

### **Section I: Contracting authority**

#### **I.1) Name and addresses**

BIRMINGHAM WOMENS AND CHILDRENS NHS FOUNDATION TRUST

Steelhouse Lane

BIRMINGHAM

B46NH

#### **Contact**

Carly Joseph

#### **Email**

[carly.joseph3@nhs.net](mailto:carly.joseph3@nhs.net)

#### **Telephone**

+44 7929203012

#### **Country**

United Kingdom

**Region code**

UKG31 - Birmingham

**NHS Organisation Data Service**

222656143

**Internet address(es)**

Main address

<https://bwc.nhs.uk/wmcpc/>

**I.3) Communication**

Access to the procurement documents is restricted. Further information can be obtained at

<https://bwc.nhs.uk/wmcpc/>

Additional information can be obtained from the above-mentioned address

**I.4) Type of the contracting authority**

Other type

NHS Trust

**I.5) Main activity**

Health

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## **Section II: Object**

### **II.1) Scope of the procurement**

#### **II.1.1) Title**

Emotional Dysregulation in Autism Peer Support Workers

Reference number

WMCPG - PSW - 2425 - 01

#### **II.1.2) Main CPV code**

- 85111500 - Psychiatric hospital services

#### **II.1.3) Type of contract**

Services

#### **II.1.4) Short description**

Peer support workers will support young people through transition from Tier 4 to community settings, through specific lived experience of Autism and emotional dysregulation.

Specialist peer support workers will be aiming to provide a consistent approach to persistent distress in young people, through peer support service provision, social action and training, facilitating communities to be resilient and skillful.

#### **II.1.5) Estimated total value**

Value excluding VAT: £148,000

#### **II.1.6) Information about lots**

This contract is divided into lots: No

### **II.2) Description**

#### **II.2.2) Additional CPV code(s)**

- 85111500 - Psychiatric hospital services

#### **II.2.3) Place of performance**

NUTS codes

- UKG - West Midlands (England)

Main site or place of performance

To be delivered within a number of Units across the West Midlands geographical footprint.

#### **II.2.4) Description of the procurement**

Phase 1: - Capacity Building: Co-producing the Peer Support model with imROC and international peer support colleagues including those with lived experience. Fundraise to train Peer Support Workers.

Phase 2 Plot: Will complete a small-scale pilot with 2 PSW and 12 Young People.

Phase 3: Completion of Peer Support Impact Measurement & undertake an Academic Evaluation as well as capturing Benefits Realised and lessons learned for future programme development.

The 12-month Pilot will commence in June 2024 and will end June 2025. June 2024 through June 2025 will be the designated time to Go Live and launch the program by holding engagement events with each provider to enable awareness of the program and increase case referral.

June 2024 through June 2025 will be the delivery of the program to referred Young People with regular monthly project meetings.

May 2025 complete impact report and deliver an Impact Event

SERVICE will provide psychologically informed peer support to autistic young people who struggle with their mental health, in the hope that this peer support will provide them with coping skills to be able to better manage their mental health, self-harm or associated mental illness. Peer Support will be delivered through creating a contract with youth mental health services for them to provide us with access to suitable young people in need for us to deliver the peer support to.

Model

Each young person will be allocated 2 named peer support workers. 1 peer support worker will see each young person 3 times a week with following structure:

Visit 1: Relationship building. The PSW will work with the autistic young person to establish rapport and initiate a trusting, reciprocal connection, which will enable improved engagement with the programme's aims.

Visit 2: Skills work.

The skills work will be around therapeutic interventions such as emotion regulation skills from Low arousal model and Dialectical Behavioural therapy. Sensory integration such as a sensory ladder will be provided and co-produced by each young person and PSW.

Visit 3: Reintegration into the Community

This involved the young person being supported to engage with the community. An example of this would include finding an education provision, searching for community employability programmes. It can also include going to a community support group for their interests e.g. an LGBT support group or animal therapy group. SERVICE's strong links to the voluntary and community sectors will be vital for this.

### **II.3) Estimated date of publication of contract notice**

23 May 2024

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## **Section IV. Procedure**

### **IV.1) Description**

#### **IV.1.8) Information about the Government Procurement Agreement (GPA)**

The procurement is covered by the Government Procurement Agreement: No

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## **Section VI. Complementary information**

### **VI.3) Additional information**

This is a Provider Selection Regime (PSR) intended approach notice. The awarding of this contract is subject to the Health Care Services (Provider Selection Regime) Regulations 2023. For the avoidance of doubt, the provisions of the Public Contracts Regulations 2015 do not apply to this award.

West Midlands Tier 4 Provider Collaborative Commissioning Hub will be the decision makers. The Lead Provider of the Provider Collaborative/Commissioning Hub, who hosts the commissioning hub, is Birmingham Women's and Children's NHS Foundation Trust.

The intention is to award a contract using the most suitable provider process.