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Not applicable

## **Community Chronic Pain Assessment and Treatment Service to NHS Frimley Integrated Care Board**

NHS Frimley Integrated Care Board

F14: Notice for changes or additional information

Notice identifier: 2025/S 000-014573

Procurement identifier (OCID): ocids-h6vhtk-04f83f

Published 11 April 2025, 12:38pm

### **Section I: Contracting authority/entity**

#### **I.1) Name and addresses**

NHS Frimley Integrated Care Board

Windsor

SL4 3DP

#### **Email**

[scwcsu.cbprocurement@nhs.net](mailto:scwcsu.cbprocurement@nhs.net)

#### **Country**

United Kingdom

#### **Region code**

UKJ - South East (England)

#### **Justification for not providing organisation identifier**

Not on any register

## **Internet address(es)**

Main address

<https://www.frimley.icb.nhs.uk>

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## **Section II: Object**

### **II.1) Scope of the procurement**

#### **II.1.1) Title**

Community Chronic Pain Assessment and Treatment Service to NHS Frimley Integrated Care Board

Reference number

PSCG0039.

#### **II.1.2) Main CPV code**

- 85100000 - Health services

#### **II.1.3) Type of contract**

Services

#### **II.1.4) Short description**

NHS Frimley ICB ("the Commissioner") sought to commission Dr K Lothe and Partners LLP (trading as Camberley Physiotherapy and Sports Injury Clinic) to provide a Community based chronic pain assessment and treatment service.

The normal route of referral into this Service is by a patient's registered GP Practice. Internal referrals may also be received from the Diagnostic Uncertainty service. Frimley Park Hospital Consultants may also directly refer as an alternative to a secondary care pathway for pain management for new referrals. The Community Pain pathway is aimed at patients with persistent disabling pain of more than 3 months or where the referring clinician agrees and accepts that the pain has become chronic. The Community Pain pathway delivers timely skilled interventions to reduce the cause of pain and/or to enable patients to manage their pain with psychological and behavioural support. This is achieved by using an experienced multidisciplinary (MDT) model which has access to a range of medical and non-medical interventions for people living with chronic pain.

The MDT assessment, diagnosis and treatment process offers: Comprehensive assessment of physical functioning and to establish cause for pain; Minor direct interventions such as joint injections to peripheral joints, targeted interventions and acupuncture in line with NICE guidance; Intensive physiotherapy where indicated. Patients requiring a longer course of physiotherapy should be referred back to the patient's GP, with advice to consider onward referral to Community Physiotherapy; Behavioural and cognitive intervention to manage pain; Rehabilitation Therapy; Review of drug regime and discussion with patient on use; Agreed individually designed exercise plan and recognition of the benefits of self-management; Postural analysis and core stability; Patient education to help understand pain and pain pathways; Support and educate GPs to safely optimise analgesia and other pharmacological interventions and promote self-management (booklets, leaflets and other self-help techniques); Support and educate GPs to manage pain flare ups e.g. telephone advice.

The objective of the Service is to: Promote the highest possible quality of life for pain patients; Provide accurate diagnosis, even if this is 'medically unexplained pain'; Advise and support primary care clinicians in managing the pain elements of their patients care; Provide psychological and behavioural interventions that support patients and their carers in managing their pain, enabling them to lead more normal lives with reduced disability; Provide specialist physiotherapist assessment with rehabilitation planning and review including promotion of group programmes; Help reduce recurrent inappropriate admissions and other healthcare services by promoting self-management; Increase social and physical functioning; Promote independence and wellbeing for patients through the provision of structured self-management support thus reducing the need for other medical appointments and admissions; Where appropriate provide direct interventions to reduce and manage pain.

Frimley ICB has followed PSR Direct Award Process C for the contract to which this notice relates

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## **Section VI. Complementary information**

### **VI.6) Original notice reference**

Notice number: [2025/S 000-011045](#)

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## **Section VII. Changes**

### **VII.1) Information to be changed or added**

### **VII.2) Other additional information**

The Commissioner has awarded a contract to Dr K Lothe and Partners LLP for 6 months (+ 3 month optional extension + 3 month optional extension) commencing 1st April 2025.

The total lifetime expected value of the contract (6-month initial term + 3-month optional extension + 3-month optional extension) is £953,308

This is a Provider Selection Regime (PSR) confirmation of contract award notice. This contract has been awarded under the Health Care Services (Provider Selection Regime) Regulations 2023. For the avoidance of doubt, the provisions of the Public Contracts Regulations 2015 do not apply to this award. This contract has now been formally awarded using direct award process C.