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Contract

## **Weight Loss App Evaluation**

NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)

UK7: Contract details notice - Procurement Act 2023 - [view information about notice types](#)

Notice identifier: 2026/S 000-012035

Procurement identifier (OCID): ocds-h6vhtk-064cf6

Published 10 February 2026, 3:39pm

### **Scope**

### **Reference**

CAV-DIR (25-26) 165

### **Description**

Nutracheck is a mobile application that facilitates weight loss in individuals. The app monitors food consumption, physical activity and weight loss over time. Cardiff and Vale UHB needs to understand if using this application in our most disadvantaged communities works to encourage weight loss over a 6 month period. Cardiff and Vale UHB have awarded Cardiff Metropolitan University the a contract to analyse anonymised data from the Nutracheck app from circa 1,000 participants; plus, a small sub-group of around 100 participants for more intensive evaluation on biomarkers and relevant questionnaires over the same time period, and then over the next 2-3 years.

Cardiff and Vale UHB would like to understand whether a mobile application (Nutracheck) works to support more disadvantaged populations to lose weight over a 6 month period initially, and then over 2-3 years. The Cardiff School of Sport and Health Sciences is a

recognised centre of excellence in the UK, with an international reputation for the quality of its research across health and exercise sciences. The School works in collaboration with their students and industry partners, health boards, sport national governing bodies and many others to deliver impactful research. The school hosts multiple inter-disciplinary research and innovation centres, including the Food Industry Centre, the Integrative and Applied Physiology group, Centre for Cardiovascular Research, Innovation, and Development. Each drawing upon expertise within Cardiff Metropolitan University, including internationally recognised experts in food science, dietetics, food legislation, environmental health, exercise prescription and biomedical sciences.

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## **Contract 1. Weight Loss App Evaluation**

### **Supplier**

- Cardiff Metropolitan University

### **Contract value**

- £96,127 excluding VAT
- £96,127 including VAT

Below the relevant threshold

### **Date signed**

5 February 2026

### **Contract dates**

- 9 February 2026 to 28 February 2030
- 4 years, 20 days

## **Main procurement category**

Services

## **CPV classifications**

- 72316000 - Data analysis services

## **Contract locations**

- UKL22 - Cardiff and Vale of Glamorgan

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## **Procedure**

### **Procedure type**

Below threshold - unknown

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## **Supplier**

### **Cardiff Metropolitan University**

- Public Procurement Organisation Number: PPNB-5569-JLHH

Llandaff Campus, Western Avenue

Cardiff

CF5 2YB

United Kingdom

Email: [Tenders@cardiffmet.ac.uk](mailto:Tenders@cardiffmet.ac.uk)

Region: UKL22 - Cardiff and Vale of Glamorgan

Small or medium-sized enterprise (SME): No

Voluntary, community or social enterprise (VCSE): No

Contract 1. Weight Loss App Evaluation

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## **Contracting authority**

### **NHS Wales Shared Services Partnership-Procurement Services (hosted by Velindre University NHS Trust)**

- Public Procurement Organisation Number: PXWV-6492-CGMN

Woodland House, Maes-Y-Coed Road

Cardiff

CF14 4HH

United Kingdom

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Website: <http://nwssp.nhs.wales/ourservices/procurement-services/>

Region: UKL22 - Cardiff and Vale of Glamorgan

Organisation type: Public authority - sub-central government

Devolved regulations that apply: Wales